



November Lunch Menu

11-05-2022	<p>Spaghetti: spaghetti, tomato sauce, grilled onions, halal ground beef.</p> <p>Fattoush Salad: chopped romaine lettuce, green onion, cabbage, cucumbers, tomatoes, lemon, olive oil, sumac.</p> <p>Hummus: chickpeas, sesame paste, lemon.</p> <p>1% Milk</p>	
11-12-2022	<p>Chicken-Veggie Rice: basmati rice, steamed vegetables, halal grilled chicken breast.</p> <p>Tabbouli Salad: chopped parsley, tomato, bulgur, lemon, olive oil.</p> <p>Hummus: chickpeas, sesame paste, lemon.</p> <p>1% Milk</p>	
11-19-2022	<p>Lasagna: lasagna, mozzarella cheese, ricotta cheese, grilled onions, tomato sauce, olive oil, halal ground beef.</p> <p>Fattoush Salad: chopped romaine lettuce, green onion, cabbage, cucumbers, tomatoes, lemon, olive oil, sumac.</p> <p>Hummus: chickpeas, sesame paste, lemon.</p> <p>1% Milk</p>	