

# May 2023



	<i>Lunch</i>	<i>Snack</i>
05/06/23	Shrimp Bechamel: Linguine, shrimp, corn, cream, cheese, spices. Fresh Salad: chopped lettuce, spinach, other leafy greens, carrots, lemon, olive oil, sumac. Hummus: chickpeas, sesame paste, lemon. Sweet Corn 1% Milk	Whole-grain crackers 100% apple juice
05/13/23	Lamb Stew: Halal lamb, grilled onions, tomatoes, cream, ginger, garlic, basmati rice. Fresh Salad: chopped lettuce, spinach, and other leafy greens, lemon, olive oil, sumac. Hummus: chickpeas, sesame paste, lemon. Sweet Corn 1% Milk	Whole-grain crackers 100% apple juice
05/20/23	Creamy Chicken Stew: Halal chicken, onions, tomatoes, cream, ginger, garlic, basmati rice. Fresh Salad: chopped lettuce, spinach, and other leafy greens, lemon, olive oil, sumac. Hummus: chickpeas, sesame paste, lemon. Sweet Corn 1% Milk	Whole-grain crackers 100% apple juice
05/27/23	Spaghetti: Spaghetti, pasta sauce, grilled onions, halal ground beef. Fresh Salad: chopped lettuce, spinach, and other leafy greens, lemon, olive oil, sumac. Hummus: chickpeas, sesame paste, lemon. Sweet Corn 1% Milk	Whole-grain crackers 100% apple juice

*This institution is an equal opportunity provider.*

