

# December Lunch Menu

	Lunch	Snack
12-03-2022	<p><b>Fettuccini Alfredo:</b> fettuccini, cheese sauce, spices.</p> <p><b>Spring Salad:</b> chopped lettuce, spinach, and other leafy greens, lemon, olive oil, sumac.</p> <p><b>Hummus:</b> chickpeas, sesame paste, lemon.</p> <p><b>1% Milk</b></p>	<p><b>Whole-grain crackers</b></p> <p><b>100% Apple juice</b></p>
12-10-2022	<p><b>Meat Rice:</b> basmati rice, steamed vegetables, halal ground beef.</p> <p><b>Spring Salad:</b> chopped lettuce, spinach, and other leafy greens, lemon, olive oil, sumac.</p> <p><b>Hummus:</b> chickpeas, sesame paste, lemon.</p> <p><b>1% Milk</b></p>	<p><b>Whole-grain crackers</b></p> <p><b>100% Apple juice</b></p>
12-17-2022	<p><b>Mac and Cheese:</b> macaroni, cheddar cheese.</p> <p><b>Spring Salad:</b> chopped lettuce, spinach, and other leafy greens, lemon, olive oil, sumac.</p> <p><b>Hummus:</b> chickpeas, sesame paste, lemon.</p> <p><b>1% Milk</b></p>	<p><b>Whole-grain crackers</b></p> <p><b>100% Apple juice</b></p>
12-24-2022	<p><b>Spaghetti:</b> spaghetti, tomato sauce, grilled onions, halal ground beef.</p> <p><b>Spring Salad:</b> chopped lettuce, spinach, and other leafy greens, lemon, olive oil, sumac.</p> <p><b>Hummus:</b> chickpeas, sesame paste, lemon.</p> <p><b>1% Milk</b></p>	<p><b>Whole-grain crackers</b></p> <p><b>100% Apple juice</b></p>